

## Suggested Items

- Pillow
- Sleeping bag or bed linens
- Toiletries
- Bath towel and wash cloth
- Pajamas
- Underwear
- Socks
- Shorts
- Pants/jeans
- Shirts
- Swim suit and beach towel (during summer months)
- Hiking boots or gym shoes (old pairs)
- Sweatshirt or jacket (coat, hat, and gloves for winter months)
- Rain gear or poncho
- Hat or bandana
- Watch
- Flashlight and batteries
- Water bottle
- Prescription medications (in their original containers)
- Challenge/Adventure Program – Participant Agreement Form

## Optional Items

- Lip balm
- Sunscreen
- Bug repellent
- Sunglasses
- Day pack
- Camera
- Pen and paper
- Books and magazines
- Playing cards
- Games

## What NOT To Bring To Camp

- ➔ Please DO NOT bring pets, fireworks, explosives, knives, weapons, good jewelry, irreplaceable items, drugs, or alcohol (smoking is restricted to designated areas)
- ➔ Please DO NOT bring clothing that is revealing or clothing/items that contain references to tobacco, alcohol, drugs, suggestive pictures/words, or anything else that is inappropriate for a camp setting

## Helpful Hints

- ➔ Please dress for the weather – most activities will be held outdoors
- ➔ Please label all of your belongings in permanent marker with your first and last name
- ➔ Please remember that you are responsible for your own possessions – camp is NOT responsible for missing or damaged personal belongings