



**Atrium Family YMCA**  
**Front Gym Schedule**  
**Winter I Session**  
**January 2 - February 18**

**FOR YOUTH DEVELOPMENT®**  
**FOR HEALTHY LIVING**  
**FOR SOCIAL RESPONSIBILITY**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
8:00 AM						<b>Youth Basketball</b> <b>League Games</b>  <b>9:00 - 1:00pm</b> <b>Courts 1 &amp; 2</b>		
9:00 AM								
9:30 AM								
10:00 AM								
10:30 AM								
11:00 AM								
11:30 AM								
12:00 PM							<b>Noon Basketball</b>	<b>Noon Basketball</b>
12:30 PM								
1:00 PM								
4:30 PM								
5:00 PM								
5:30 PM	<b>Youth Basketball</b> <b>League Practices</b>  <b>5:30 - 8:30pm</b> <b>Courts 1 &amp; 2</b> <b>* Court 3 5:45-7:15p</b>	<b>Tae Kwon Do</b> <b>6:00 - 8:30pm</b>  <b>Courts 3 &amp; 4</b>	<b>Fun2BFit</b> <b>6:00 - 8:00pm</b> <b>Courts 3 &amp; 4</b> <b>* As Needed *</b>	<b>Tae Kwon Do</b> <b>6:00 - 8:30pm</b>  <b>Courts 3 &amp; 4</b>				
6:00 PM								
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM								
8:30 PM								
9:00 PM								
9:30 PM								



**Atrium Family YMCA  
3rd Gymnasium Schedule  
Winter I Session  
January 2 - February 18**

FOR YOUTH DEVELOPMENT®  
**FOR HEALTHY LIVING**  
FOR SOCIAL RESPONSIBILITY

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00AM						<b>CLOSED</b>
6:30AM						
9:00 AM						
9:30 AM						
10:00 AM						<b>Zumba Toning 10:00 - 11:30am</b>
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM						
4:30 PM						
5:00 PM	<b>P.I.T. - Julie/Joe 5:15 - 6:00pm</b>		<b>P.I.T. - Julie/Joe 5:15 - 6:00pm</b>			
5:30 PM						
6:00 PM	<b>Zumba - Michele 6:00 - 7:00pm</b>	<b>Pilates - Tina 3G 6:00 - 6:45pm</b>	<b>Boot Camp - Meredith 6:15 - 7:00pm</b>	<b>Zumba Toning 6:00 - 7:30pm</b>		
6:30 PM						
7:00 PM	<b>Boot Camp - Kyle 7:15 - 8:15pm</b>	<b>Kickboxing - Tina 7:00 - 8:00pm</b>	<b>Boot Camp - Kyle 7:15 - 8:15pm</b>			<b>CLOSED</b>
7:30 PM						
8:00 PM						
8:30 PM						
9:00 PM						
9:30 PM						