



Fairfield Family YMCA
Lap Pool Schedule
Fall 2011
September 5-19

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM	OPEN SWIM and 3 Lap Lanes Open 5:30-8:00am	OPEN SWIM and 3 Lap Lanes 5:30-9:00am	OPEN SWIM and 3 Lap Lanes 5:30-8:00am	OPEN SWIM and 3 Lap Lanes 5:30-9:00am	OPEN SWIM and 3 Lap Lanes 5:30-9:00am	closed	closed
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM	Water Wake-Up (3 Lap Lanes Open)		Water Wake-Up (3 Lap Lanes Open)			OPEN SWIM and 3 Lap Lanes 7:00-9:00am	
8:30 AM							
9:00 AM	Cardio Splash (3 Lap Lanes Open) Power-Up 9:00-11:45am	Cardio Splash Boot Camp Golden Splash (3 Lap Lanes Open) 9:00-am-1:00pm	Cardio Splash (3 Lap Lanes Open) Power-Up 9:00-11:45am	Cardio Splash Boot Camp Golden Splash (2 Lap Lanes Open) 9:00-am-1:00pm	H2O Deep (3 Lap Lanes Open) OPEN SWIM and 3 Lap Lanes Open 10:00am-7:30pm	Swim lessons 9:00am-12:00pm (2 Lap Lanes Open)	
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM	OPEN SWIM and 3 Lap Lanes Open 11:45-6:00pm	OPEN SWIM and 3 Lap Lanes Open 1:00-6:00pm	OPEN SWIM and 3 Lap Lanes Open 11:45-6:00pm	OPEN SWIM and 3 Lap Lanes Open 1:00-7:00pm		OPEN SWIM and 3 Lap Lanes Open 12:00-4:30pm	OPEN SWIM and 3 Lap Lanes Open 1:00-4:30pm
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM	Swim Lessons Cardio Splash (2 Lap Lanes Open) OPEN SWIM and 3 Lap Lanes Open	Swim Lessons 6:00-7:30pm (2 Lap Lanes Open) OPEN SWIM and 3 Lap Lanes Open	Swim Lessons 6:00-7:30pm (2 Lap Lanes Open) OPEN SWIM and 3 Lap Lanes Open	Swim Lessons (2 Lap Lane Open) OPEN SWIM and 3 Lap Lanes Open	pool closes 7:30pm closed	pool closes 4:30pm closed	pool closes 4:30pm closed
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							
10:00 PM	closed	closed	closed	closed			



Fairfield Family YMCA
 Warm Pool Schedule
 Fall 2011
 September 5-19

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30 AM	closed	closed	closed	closed	closed	closed	closed	
6:00 AM								
6:30 AM								
7:00 AM								
7:30 AM								
8:00 AM								
8:30 AM								
9:00 AM	Arthritis class in session	Arthritis class in session	Arthritis class in session	Arthritis class in session	Arthritis class in session	Swim lessons Pool closed		
9:30 AM								
10:00 AM	OPEN SWIM	OPEN SWIM	OPEN SWIM	Swim lessons	OPEN SWIM			
10:30 AM		Ai Chi	9:45-11:15am	OPEN SWIM				
11:00 AM	10:00-11:15am	10:50-11:30		10:30am-12:00pm	10:00-11:15am			
11:30 AM	Golden Splash	OPEN SWIM	Golden Splash		Golden Splash			
12:00 PM	Oxford PT	Open with Lifeguard availability	Oxford PT	3rd Thursday of Month	Oxford PT	OPEN SWIM 1:00-4:30pm	OPEN SWIM 1:00-4:30pm	
12:30 PM	12:00-2:00pm		12:00-2:00pm	Closed 10:45am-12:00pm	12:00-2:00pm			
1:00 PM	Open with Lifeguard availability		Open with Lifeguard availability	Open with Lifeguard availability	Open with Lifeguard availability			Open with Lifeguard availability
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	pool closes 4:30pm closed	pool closes 4:30pm closed	
4:30 PM								
5:00 PM								
5:30 PM		pool closes 5:30pm						
6:00 PM		closed	pool closes 6:00pm					
6:30 PM	pool closes 6:30pm		closed					
7:00 PM	closed			pool closes 7:00pm				
7:30 PM				closed				
8:00 PM					pool closes 7:30pm			
8:30 PM					closed			
9:00 PM								