



We build strong kids, strong families, strong communities.

Fitton Family YMCA Lap Pool Schedule

April 12-June 6

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
5:00am											
5:30am											
6:00am		Lap Swim 5:30-8am	Lap Swim 5:30-8am	Lap Swim 5:30-8am	Lap Swim 5:30-8am	Lap Swim 5:30-8am					
6:30am											
7:00am											
7:30am											Lap Swim 7-9am
8:00am		Water Fitness 8-9am	Water Fitness 8-9am	Water Fitness 8-9am	Water Fitness 8-9am	Water Fitness 8-9am					
8:30am											
9:00am		Swim Lessons Lap Swim 9-11am	Water Fitness 9-11am		Water Fitness 9-11am	School Rental 9-11am	Water Fitness 9-10am				
9:30am							Swim Lessons 9:30-11am				
10:00am											
10:30am							Swim Lessons 10am-12:15pm				
11:00am		Water Fitness 11am-noon	Arthritis Class 11am-noon	Water Fitness 11am-noon	Arthritis Class 11am-noon	Water Fitness 11am-noon					
11:30am											
12:00pm		Lap Swim noon-1pm	Lap Swim noon-1pm	Lap Swim noon-1pm	Lap Swim noon-1pm	Lap Swim noon-1pm					
12:30pm											
1:00pm	Lap Swim 1-2pm	School Rental 1-2pm	School Rental 1-2pm	School Rental 1-2pm	School Rental 1-2pm	School Rental 1-2pm					
1:30pm											
2:00pm	Open Swim 2-4:45pm						Open Swim 1-4pm				
2:30pm		lap/open swim 2:00- 4:30	lap/open swim 2:00-4:30	lap/open swim 2:00- 4:30	lap/open swim 2:00-4:30	lap/open swim 2:00- 4:30					
3:00pm											
3:30pm											
4:00pm							Lap Swim 4-5:45pm				
4:30pm		Water Fitness 4:30-5:30pm	Water Fitness 4:30-5:30pm	lanes/open 4:30- 6pm	Water Fit/Lessons 4:30-5:30pm						
5:00pm											
5:30pm						Open/Lap Swim 4:30-7:45pm					
6:00pm		Swim Lessons 6-7:30pm	Swim Lessons 6-7:30pm	Swim Lessons 6-7:30pm	lanes/open 5:30-7:30pm						
6:30pm											
7:00pm											
7:30pm		Open/Lap Swim 7:30-9:45pm	Water Fitness 7:30-8:30pm	Open/Lap Swim 7:30-9:45pm	Water Fitness 7:30-8:30pm						
8:00pm											
8:30pm			Open/Lap Swim 8:30-9:45pm			Open/Lap Swim 8:30-9:45pm					
9:00pm											
9:30pm											

Times are subject to change without notice.

Lap Swim: 15 years and older unless accompanied by an adult.

Open Swim: youth 9 and younger must be accompanied by an adult in the water! No water rings please.

Shaded areas = Pool Closed

Please check for lap lane availability with lifeguard on duty.

Anyone 16 years or younger must take swim test to be in deep end of pool.



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Fitton Family YMCA Warm Water Pool Schedule

April 12-June 6

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:00am								
5:30am								
6:00am								
6:30am								
7:00am								
7:30am								
8:00am								
8:30am								
9:00am			Ai Chi 9-10am		Ai Chi 9-10am			
9:30am								
10:00am					Open Swim 10-11am			
10:30am			Open Swim 10:30-noon					
11:00am		Open Swim 11am-noon		Open Swim 11am-noon				
11:30am						Open Swim 12:00-12:30		
12:00pm							Open Swim 12-3pm	
12:30pm								
1:00pm								
1:30pm	Open Swim 1:30-4pm							
2:00pm								
2:30pm								
3:00pm								
3:30pm								
4:00pm								
4:30pm								
5:00pm								
5:30pm			Open Swim 5-7pm	Open Swim 5-8pm	Open Swim 5-7pm	Open Swim 5-7:45pm		
6:00pm								
6:30pm								
7:00pm			Ai Chi 7:15-8pm		Ai Chi 7:15-8pm			
7:30pm								
8:00pm								
8:30pm								
9:00pm								
9:30pm								

Times are subject to change without notice.

Lap Swim: 15 years and older unless accompanied by an adult.

Open Swim: youth 9 and younger must be accompanied by an adult in the water! No water rings please.

Shaded areas = Pool Closed

Anyone 16 years or younger must take swim test to use the big slides.